


# MERCER COUNTY NUTRITION LUNCHES

## JULY 2008

  BRIAN M. HUGHES  COUNTY EXECUTIVE	1 CHICKEN CUTLET W/ HONEY MUSTARD SAUCE JUICE WHITE RICE GREEN BEANS RYE BREAD VANILLA PUDDING	2 SEAFOOD SALAD ON LETTUCE CUP SOUP OF THE DAY POTATO SALAD BROCCOLI SALAD WHOLE WHEAT BREAD BANANA	3 <u>BIRTHDAY BASH</u> HOT DOGS - 2 JUICE CORN ON THE COB COLE SLAW HOT DOG ROLLS -2 WATERMELON	4  ALL SITES CLOSED
7 POTATO CRUSTED FISH W/ TARTER SAUCE JUICE MACARONI & CHEESE STEWED TOMATOS DINNER ROLL CUPCAKE	8 <u>ADVISORY COUNCIL #4</u> MEATLOAF W/ MUSHROOM GRAVY SOUP MASHED POTATOES CALIFORNIA BLEND VEGETABLES WHOLE WHEAT BREAD PINEAPPLE TIDBITS	9 ORIENTAL CHICKEN W/ BROCCOLI JUICE WHITE RICE ORIENTAL VEGETABLES RYE BREAD MANDARIN ORANGES	10 TUNA SALAD SOUP OF THE DAY LETTUCE CUP & 2 TOMATO SLICES MARINATED THREE BEAN SALAD WHOLE WHEAT BREAD 2 SLICES RICE PUDDING	11 ROAST TURKEY W/ GRAVY JUICE SWEET POTATOES SWEET PEAS PUMPERNICKEL BREAD ICE CREAM
14 BBQ CHICKEN LEG QUARTER JUICE MASHED POTATOES OKRA W/ STEWED TOMATOES RYE BREAD FRESH PEACH	15 CHEESE LASAGNA W/ MEATSAUCE SOUP OF THE DAY ITALIAN BLEND VEGETABLES WHOLE WHEAT BREAD ICE CREAM	16 BEEF & BROCCOLI JUICE LO MEIN NOODLES SNAP PEAS PUMPERNICKEL BREAD COOKIE	17 CHICKEN SALAD ON BED OF LETTUCE SOUP OF THE DAY MACARONI SALAD TOMATO & GREEN BEAN SALAD (CUT TOMATOES & CUT CANNED BEANS) DINNER ROLL BUTTERSCOTCH PUDDING	18 TURKEY & BEAN CHILI JUICE CONFETTI RICE BROCCOLI RYE BREAD DICED PEARS
21 SALISBURY STEAK W/ GRAVY JUICE MASHED POTATOES SUCCOTASH WHOLE WHEAT BREAD ICE CREAM	22 MANICOTTI W/ MEAT SAUCE SOUP OF THE DAY ITALIAN BLEND VEGETABLES RYE BREAD APPLESAUCE	23 CHICKEN CUTLET PARMESAN W/ SAUCE JUICE ROTINI w/ SAUCE SPINACH DINNER ROLL TAPIOCCA PUDDING	24 SLICED TURKEY SOUP OF THE DAY BLACK BEAN & CORN SALAD CARROT & RAISIN SALAD WHOLE WHEAT BREAD 2 SLICES ORANGE	25 BAKED FISH W/ TARTAR SAUCE JUICE SWEET POTATOES MIXED VEGETABLES RYE BREAD APPLE
28 PEPPER STEAK JUICE LO MEIN NOODLES ORIENTAL VEGETABLES WHOLE WHEAT BREAD DICED PEARS	29 SLICED CHICKEN BREAST SOUP OF THE DAY CALIFORNIA COLE SLAW LETTUCE CUP & 2 TOMATO SLICES RYE BREAD 2 SLICES VANILLA PUDDING	30 STUFFED SHELLS W/ TOMATO SAUCE & MOZZARELLA JUICE ITALIAN BEANS ITALIAN BREAD BANANA	31 SWEDISH MEAT BALLS SOUP OF THE DAY RICE BROCCOLI PUMPERNICKEL BREAD ICE CREAM	DAILY MEAL INCLUDES: MILK, MARGARINE AND HOT BEVERAGE  MENU IS SUBJECT TO CHANGE WITHOUT NOTICE